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Care Consultation is a free and confidential program to help families care for a relative with memory problems or dementia.

Care Consultation includes:

- Extended individual and family consultation with an Alzheimer's professional
- Help to prioritize needs and find appropriate resources
- Guidance to make caregiving less burdensome
- Help to increase understanding about Alzheimer's and dementia within the family

ALZHEIMER'S ASSOCIATION

Respite Grant Program

To be eligible for our Caregiver Respite Grant, the following criteria must be met:

- Primary family caregiver and person with dementia must live in Northern California
- Person with dementia must have Alzheimer's disease or a related disorder.
- Primary caregiver must be providing substantial support for the person with dementia and living at the same address.
- Primary caregiver must be in need of respite or additional respite.
- Primary caregiver and person with dementia has low assets and inability to pay for care.

If you meet all above criteria, the primary caregiver must contact the 24/7 HELPLINE at 1.800.272.3900 before completing the application and submitting it to the Alzheimer's Association.



ALZHEIMER'S ASSOCIATION



The Alzheimer's Association is the world's largest nonprofit funder of Alzheimer's disease research. Currently, the Association is investing **\$300 million in 920 active best-of-field projects in 45 countries.**

ALZHEIMER'S ASSOCIATION



Just 4-10 Americans say they would see a doctor right away if they experienced dementia symptoms.

The majority — **60%** — would wait or not see a doctor at all.

alzheimer's association

Upcoming Alzheimer's Association Education Programs and Support Groups

Find additional programs and support groups at alz.org/crf

<p>Advancing the Science: The Latest in Dementia Research</p> <p>Wednesday, November 16</p> <p>10-11:00 am</p> <p>Via Zoom</p>	<p>Understanding Alzheimer's & Dementia</p> <p>Tuesday, December 20</p> <p>2-3:00 pm</p> <p>Via Zoom</p>
<p>10 Warning Signs of Alzheimer's</p> <p>Thursday, December 8</p> <p>10-11:00 am</p> <p>Via Zoom</p>	<p>Virtual and In Person Support Groups</p> <p>Morning, Afternoon, Evening times available</p>

For more information or to register, call 800-272-3900 or go to alz.org/crf

ALZHEIMER'S ASSOCIATION

How You Can Help



As an Individual

- Share your personal story as an advocate.
- Help your neighbors by providing education or a support group.
- Get involved in clinical trials or a research study.
- Sign up for one of our fundraising programs.



As an Organization / Group / Business

- Start a team for Walk to End Alzheimer's or another of our fundraising programs.
- Host an educational program or community listening session.
- Share resources with your business associates, neighbors and friends.



For You and Your Community

- Share our 24/7 Helpline at 800.272.3900
- Get more information and resources at www.alz.org
- Find education, support, and caregiving resources at communityresourcefinder.org

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