

Our Marriage Vision

Our relationship goals: (state each one positively, as if they are already happening)

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Once you make your list, share it with your mate. Put a (+) symbol next to any goals you both agree are important.

Make a new combined list including all goals you *both* think are important. Goals that only one of you felt were important can be discussed at another time using your Speaker/Listener sheets. Then review the list together and get more specific by identifying 2-3 strategies or behaviors that will accomplish each item.

Our combined relationship goals and strategies:

1. _____

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2. _____

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3. _____

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9. _____

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10. _____

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POST THIS PAGE IN A VISIBLE SPOT YOU WILL SEE DAILY